

Prayer for Strength in Weakness

Lord, when I feel weak and unable to stand, lift me with Your mighty hand. Fill my heart with courage, and remind me that Your power is made perfect in my weakness.

May I find new strength in You each day.

“But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.” — 2 Corinthians 12:9

Prayer for Peace in Turmoil

God of peace, calm the storms within me. Quiet the anxious thoughts, silence the lies of fear, and replace them with Your truth. Let Your peace, which surpasses all understanding, guard my heart and mind in Christ Jesus.

“And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” — Philippians 4:7

Prayer for Restoring Hope

Father, when life feels heavy and hope seems far away, breathe new life into me. Restore my vision for the future, remind me of Your promises, and awaken the faith within me that I am never forgotten.

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” — Jeremiah 29:11

Prayer for Healing from the Past

Lord, I lay before You the wounds of my past—the pain, the shame, the brokenness. Wash over me with Your love, and heal what still hurts. May I walk forward free,

whole, and redeemed.

“He heals the brokenhearted and binds up their wounds.” — Psalm 147:3

Prayer for Wholeness

Jesus, You are the Great Physician. Touch every part of my being—my body, my soul, my mind, and my spirit. Remove the residue of trauma and plant seeds of joy, strength, and peace. Make me whole again.

“Lord my God, I called to you for help, and you healed me.” — Psalm 30:2