## **Scripture Support**

- Psalm 34:18 "The Lord is close to the brokenhearted and saves those who are crushed in spirit."
- Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."
- Jeremiah 30:17 "But I will restore you to health and heal your wounds," declares the Lord."
- Matthew 11:28 "Come to me, all you who are weary and burdened, and I will give you rest."
- Romans 8:28 "And we know that in all things God works for the good of those who love him, who have been called according to his purpose."
  - 2 Timothy 1:7 "For God gave us a spirit not of fear but of power and love and self-control."
  - Revelation 21:4 "He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away."

These scriptures are reminders that God's Word is a steady foundation. In moments of doubt or struggle, meditate on these promises to strengthen your faith.